



LUNCH & LEARN

Arthritis AWARENESS

WEDNESDAY, MAY 18TH
11:30AM - 12:30PM

Take time to join us for a delicious lunch and learn about prevention and medical care while finding out which foods can help!



Presented by:

Donna Cothren, ANRP
Nurse Practitioner Specialist

RSVP by **May 16th** at **904-639-4700**
or **Hello@PalagioSeniorLiving.com**



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