



LUNCH & LEARN

HEART HEALTH



WEDNESDAY, FEBRUARY 15TH

11:30 a.m. to 12:30 p.m. • Complimentary Lunch
1525 Kingsley Avenue • Orange Park, FL 32073

February is heart health month! Join us to learn how you can do your part to care for your heart!

In partnership with

Presented by



Donna J. Cothren,
APRN

RSVP by **February 13th** at **904-639-4700** or by email at **Hello@PalagioSeniorLiving.com**



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